

My Wildflower

Count: 48

Wall: 4

Level: Improver

Choreographer: Gudrun Schneider (DE) & Gregory Danvoie (BEL) - October 2025

Music: Wildflower - Michael Patrick Kelly : (iTunes)



Intro 16 counts, start on lyrics

S1: DOROTHY STEP R WITH SWAY L+R, DOROTHY STEP L WITH SWAY R+L

- 1-2 RF step diagonally forward, LF step behind RF
- &3-4 RF step diagonally forward, LF step left – sway hips left, sway hips right
- 5-6 LF step diagonally forward, RF step behind LF
- &7-8 LF step diagonally forward, RF step right – sway hips right, sway hips left

S2: HEEL ACROSS – HITCH - CLOSE (R+L), CROSS SHUFFLE, ROCK L

- 1&2 RF heel cross over LF, RF hitch, RF step right
- 3&4 LF heel cross over RF, LF hitch, LF step left
- 5&6 RF cross over LF, LF step left, RF cross over LF
- 7-8 LF rock left, recover on RF

(arm movements counts 1 to 6: open both hands and put them at shoulder height (like Bollywood styling))

S3: SAILOR STEP WITH ¼ Turn L, ROCK FWD R, OUT-OUT, IN-IN (on place), ROCK BACK R

- 1&2 ¼ turn left- LF step back, RF step beside LF, LF step forward (9:00)
- 3-4 RF rock forward, recover on LF
- &5&6 RF step right, LF step left, RF center, LF step beside RF
- 7-8 RF rock back, recover on LF

S4: SHUFFLE ½ TURN L, COASTER STEP, ½ PADDLE TURN

- 1&2 ¼ turn left - RF step right, LF step beside RF, ¼ turn left, RF step back (3:00)
- 3&4 LF step back, RF step beside LF, LF step forward
- 5-6 1/8 turn left – RF point right, 1/8 turn left – RF point right (12:00)
- 7-8 1/8 turn left – RF point right, 1/8 turn left – RF step forward (9:00)

RESTART on Wall 2 and 3 with step change (S4-count 8 = touch R)

BRIDGE - SWAY L+R (only on wall one)

- 1-2 LF step left – sway hips left, sway hips right

S5: ROCK FWD L, SHUFFLE ½ TURN L, ROCK FWD L SAILOR STEP WITH ¼ Turn R,

- 1-2 LF step forward, recover on RF
- 3&4 ¼ turn left - LF step left, RF step beside LF, ¼ turn left, LF step forward (3:00)
- 5-6 RF rock forward, recover on LF
- 7&8 ¼ turn right, RF step back, LF step beside RF, RF step forward (6:00)

S6: SIDE ROCK – CROSS L, POINT R, ¼ TURN R – CLOSE, SIDE ROCK – CROSS L, TOE R & HEEL L, CLOSE

- 1&2 LF rock left, recover on RF, LF cross over RF
- 3-4 RF point right, ¼ turn right – RF step beside LF (9:00)
- 5&6 LF rock left, recover on RF, LF cross over RF
- 7&8& RF toe touch beside LF, RF step beside LF, LF heel forward, LF step beside RF

Have Fun!

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